

EQUAL OPPORTUNITIES FOR ALL



GAET COUNSELLING CENTRE

CALENDAR 2023 - 2024



This Calendar contains Rules, Regulations, Recommendations to Parents, and other important information.

GAET COUNSELLING CENTRE

Yashodham High School Bldg.,
Goregaon (East), Mumbai - 400 063.
Tel: 40278215 / 16 • Mobile: 7400057727
Website : www.gaet.edu.in
Email: counselling.cc@gaet.edu.in



GOENKA & ASSOCIATES
EDUCATIONAL TRUST

CALENDAR
2023-24

**HAPPY HEALTHY
YOUTH**

CALENDAR 2023-2024

June- 2023								July- 2023								August- 2023						
Su	Mo	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3								1			1	2	3	4	5	
4	5	6	7	8	9	10		2	3	4	5	6	7	8		6	7	8	9	10	11	12
11	12	13	14	15	16	17		9	10	11	12	13	14	15		13	14	15	16	17	18	19
18	19	20	21	22	23	24		16	17	18	19	20	21	22		20	21	22	23	24	25	26
25	26	27	28	29	30			23	24	25	26	27	28	29		27	28	29	30	31		
								30	31													
September- 2023								October- 2023								November- 2023						
Su	Mo	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa
					1	2		1	2	3	4	5	6	7					1	2	3	4
3	4	5	6	7	8	9		8	9	10	11	12	13	14		5	6	7	8	9	10	11
10	11	12	13	14	15	16		15	16	17	18	19	20	21		12	13	14	15	16	17	18
17	18	19	20	21	22	23		22	23	24	25	26	27	28		19	20	21	22	23	24	25
24	25	26	27	28	29	30		29	30	31						26	27	28	29	30		
December- 2023								January- 2024								February- 2024						
Su	Mo	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa
					1	2		1	2	3	4	5	6							1	2	3
3	4	5	6	7	8	9		7	8	9	10	11	12	13		4	5	6	7	8	9	10
10	11	12	13	14	15	16		14	15	16	17	18	19	20		11	12	13	14	15	16	17
17	18	19	20	21	22	23		21	22	23	24	25	26	27		18	19	20	21	22	23	24
24	25	26	27	28	29	30		28	29	30	31					25	26	27	28	29		
31																						
March- 2024								April- 2024								May- 2024						
Su	Mo	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa		Su	Mo	Tu	We	Th	Fr	Sa
					1	2		1	2	3	4	5	6						1	2	3	4
3	4	5	6	7	8	9		7	8	9	10	11	12	13		5	6	7	8	9	10	11
10	11	12	13	14	15	16		14	15	16	17	18	19	20		12	13	14	15	16	17	18
17	18	19	20	21	22	23		21	22	23	24	25	26	27		19	20	21	22	23	24	25
24	25	26	27	28	29	30		28	29	30						26	27	28	29	30	31	
31																						

SCHOOL HOURS

(MONDAY TO FRIDAY)

REONTAR / MASTI KI PAATHSHALA
ANVAY / SAKSHAM / AAROH

AYAAN, ADITI, AVISHKAAR,
OPEN SCHOOLING PROGRAMME

**NOTE : CHILDREN ARE EXPECTED TO BE IN SCHOOL
5 MINUTES BEFORE THE FIRST BELL.**

VISITING HOURS

(with prior appointment)

CEO

**COUNSELLORS / OCCUPATIONAL THERAPIST /
REMEDIAL EDUCATOR / CLASS TEACHER /
SPEECH & LANGUAGE THERAPIST**

OFFICE TIMINGS

Monday to Friday - 10.00 a.m. to 06.00 p.m.
I, III and V Saturday - 10.00 a.m. to 02 00 p.m.

THERE IS A GENIUS IN ALL OF US

राष्ट्रगीत

जन-गण-मन अधिनायक जय हे,
भारत-भाग्य विधाता ।
पंजाब, सिंधु, गुजरात, मराठा,
द्राविड़ उत्कल बंग ।
विन्ध्य, हिमाचल, यमुना, गंगा,
उच्छल जलधि तरंग ।
तव शुभ नामे जागे,
तव शुभ आशिष मागे ।
गाहे तव जय-गाथा ।
जन-गण-मंगलदायक जय हे,
भारत-भाग्य-विधाता ।
जय हे । जय हे । जय हे ।
जय जय जय जय हे ।

– रबिन्द्रनाथ टैगोर

PLEDGE

“India is my country.
All Indians are my brothers and sisters.

I love my country and I am proud of
its rich and varied heritage.

I shall always strive to be worthy of it.

I shall give my parents, teachers and all elders
respect and treat everyone with courtesy.

To my country and my people,
I pledge my devotion.

In their well-being and prosperity alone,
lies my happiness.”

राष्ट्रगान

वन्दे मातरम् ॥

सुजलां सुफलां मलयज-शीतलाम् सस्य-श्यामलां मातरम् । वन्दे मातरम्

शुभ्र-ज्योत्स्ना-पुलकित-यामिनीम् फुल्लकुसुमित-द्रुमदल-शोभिनीम् ॥

सुहासिनीं सुमधुर-भाषिणीं सुखदां वरदां मातरम् ।

वन्दे मातरम् ॥

गायत्री मन्त्रम्

ॐ भूर्भुवः स्वः तत्सवितुर्वरेण्यम् ।

भर्गो देवस्य धीमहि धियो यो नः प्रचोदयात् ॥

गुरु स्तोत्रम्

गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः ।

गुरुःसर्वात् परब्रह्म तस्मै श्रीगुरवे नमः ॥

अध्ययनात् प्राक्

BEFORE STUDIES

सरस्वती नमस्तुभ्यं वरदे कामरूपिणि ।

विद्यारम्भं करिष्यामि सिद्धिं भवतु मे सदा ।

सरस्वती वन्दना

या कुन्देन्दु तुषारहार धवला या शुभ्र वस्त्रावृता

या वीणा वर दण्ड मण्डितकरा या श्वेतपद्मासना ।

या ब्रह्माच्युत् शंकर प्रभृतिभिर्देवैः सदा वन्दिता ।

सा मां पातु सरस्वती भगवती निःशेष जाड्यापहा ॥

हर देश में तू

हर देश में तू हर वेश में तू।

तेरे नाम अनेक, तू एक ही है॥

तेरी रंग भूमि, यह विश्व भरा।

सब खेल में मेल में, तू ही तू है॥१॥

सागर से उठा बादल बन के

बादल से फूटा जल होकर के॥

फिर नहर बना नदिया गहरी॥

तेरे भिन्न प्रकार तू एक ही है॥२॥

चींटी से भी अणु-परमाणु बना।

सब जीव जगत का रूप लिया॥

कहीं पर्वत वृक्ष विशाल बना।

सौंदर्य तेरा तू एक ही है॥३॥

ये दिव्य दिखाया है जिसने।

वह है गुरुदेव की पूर्ण दया॥

तुकडया कहे और न कोई दिखा।

बस मैं और तू सब एक ही है॥४॥

– संत तुकडोजी महाराज

प्रार्थना

ॐ तत्सत् श्री नारायण तू, पुरुषोत्तम गुरु तू
सिद्ध बुद्ध तू, स्कंद विनायक, सविता पावक तू
ब्रह्म मज्ज तू, यह्व शक्ति तू, येशू पिता प्रभू तू
रुद्रविष्णु तू, रामकृष्ण तू, रहीम ताओ तू
वासुदेव गोविश्व रूप तू चिदानंद हरि तू
अद्वितीय तू, अकाल निर्भय आत्मलिंग शिव तू
ॐ

– विनोबा भावे

भजन

वैष्णव जन तो तेने कहिए जे, पीड़ पराई जाणे रे --
परदुःखे उपकार करे तोये, मन अभिमान न आणे रे --
सकळ लोकमाँ सहुने वंदे, निंदा न करे केनी रे --
वाच काछ मन निश्चल राखे, धन धन जननी तेनी रे --
मोह माया व्यापे नहिं जेने, दृढ वैराग्य जेना मनमाँ रे ।
राम नाम शुं ताळी लागी, सकळ तीरथ तेना तनमाँ रे --
वैष्णव जन तो तेने कहिये जे, पीड़ पराई जाणे रे ॥
वणलोभी ने कपट रहित छे, काम क्रोध निवार्या रे --
भणे नरसैंयो तेनु दर्शन करतां, कुळ एकोतेर तार्या रे

– नरसी मेहता

सर्वधर्म प्रार्थना

PEACE INVOCATION

ॐ असतो मा सद्गमय । तमसो मा ज्योतिर्गमय
मृत्योर्माऽमृतं गमय ॥
ॐ शान्तिः ! शान्तिः ! शान्तिः !!

BUDDHIST PRAYER

बुद्धं शरणं गच्छामि ।
धम्मं शरणं गच्छामि ।
संघं शरणं गच्छामि

प्रार्थना

हम को मन की शक्ति देना,
मन विजय करें।..... २

दूसरों की जय से पहले,
खुद को जय करें। हम को मन.....
भेदभाव अपने दिल से
साफ कर सके
दोस्तों से भूल हो तो,
माफ कर सके..... २
झूठ से बचे रहें,
सच का दम भरें।..... २

दूसरों.....
मुश्किल पड़े तो हमपे इतना कर्म कर २
साथ दें तो धर्म का चलें तो धर्म पर २
खुद पे हौसला रहे बदी से ना डरें
दूसरों की जय से पहले खुद को जय करें,
हम को मन.....

GENERAL INFORMATION

GOENKA & ASSOCIATES EDUCATIONAL TRUST

The Trust has set up State – of – the – Art Counselling Centres across its Goregaon & Thane schools.

The Centre has a team of Psychologists, Counsellors, Remedial Educators, Occupational Therapists, Speech & Language Pathologists, ABT Practitioners & Expressive Arts Therapists to emphasize the importance & facilitate mental health amongst school age children.

Key Features

- In – house school psychologists reach out to the learners on a regular basis by conducting CRC (Classroom Counselling) on a weekly / fortnightly basis. Its aim is to provide a safe space to the learners in a school set-up to express & explore their inner & outer world and

Be Who They Are!

- Aptitude Testing & Career Guidance
- Individual, Parent & Family Counselling
- Psycho – Educational Assessment
- Remedial Education
- Alternative Therapies:
 - ❖ Arts Based Therapy (ABT)
 - ❖ Dance Movement Therapy (DMT)
 - ❖ Expressive Arts Therapy (EAT)
 - ❖ Eye Movement Desensitizing and Reprocessing (EMDR)
 - ❖ Hypnotherapy
- Developmental milestones Assessment & Therapy
 - ❖ Occupational Therapy
 - ❖ Sensory Integration
 - ❖ Speech and Language
- Psychiatric Consultation

Highlights

1. Preparatory school for Children With Special Needs (CWS) (exclusively 2 yrs. to 5 yrs.) to facilitate mainstream schooling
2. Early intervention for neuro-divergent / Divyang learners
3. Open Schooling Programme for neuro-divergents from K – 12
 - ❖ Parent classroom engagement with the team (once a fortnight)
 - ❖ Adapted Aquatic Training
 - ❖ Hobby classes – swimming & skating

The trust holds exemption u/s 80G of the Income Tax Act and is registered with the Charity Commissioner under Registration No. E8297 (BOM) dated 17-08-1981 as Public Charitable Trust with the object to establish and/or run educational institutions.

Any constructive suggestions from the parents whose children are being admitted to the school shall always be welcome. The Trust Office is housed in the Yashodham High School Building, Goregaon (E), Mumbai - 400 063 where such constructive suggestions can be recorded with the trustee-in charge.

GAET COUNSELLING CENTRE

LOCATIONS

Yashodham Counselling Centre

Goregaon - East, Mumbai 400 063

Contact No.: 40278215 / 16 / 7400057727

Goenka Counselling Centre

Dynamix House, Goregaon (E), Mumbai - 400063.

Contact No.: 022-35131812/13/14/15

Mobile: 8450970225

Vasant Vihar Counselling Centre

Vasant Vihar High School Bldg.

Thane (West) - 400 610.

Contact No - 022 – 40278344/ 7304492131

Thane Police Counselling Centre

Thane (West) - 400 601.

Contact No - 25420507

Our Hallmark Features

❖ **Multidisciplinary Approach & Intervention**

- Psychologist
- Occupational Therapist
- Remedial Educator
- Speech & Language Enhancement Therapist
- Medical consultation

❖ **Classroom Highlights**

- Dance & Yoga Teacher
- Physical Education
- Classroom Counselling
- Arts Based Therapy
- Expressive Art Therapy
- Dance Movement Therapy
- Life Skills
- Pre Vocational Training
- Art & Craft

One-to-one Model

REMONTAR is a programme to channelize & escalate the potential of children with ASD & GDD, by providing a structured & individualized therapeutic intervention, in a school set - up. Age Group: 2 yrs. – 4 yrs.

Masti ki Paathshala (MKP) is a programme to cater to children with ASD & GDD combined with daily individual cum alternative therapeutic intervention.

Age Group: 4 yrs. – 8 yrs.

AAROH - is symbolic to the journey of children towards a new level of performance through intervention with an individual touch. Age Group: 8 yrs. – 16 yrs.

Classroom Model

ANVAY is a Preschool Programme offering academic cum therapeutic intervention for the children with ASD & GDD. Age Group: 4 yrs. – 6 yrs.

AYAAN is a curriculum based structured and therapeutic programme to empower the children to achieve self- reliance and prepare them for open schooling.

Age Group: 6 yrs. – 7 yrs.

ADITI is a formal curriculum designed to prepare the children for OBE (Open Basic Education) and NIOS (National Institute for Open Schooling) so as to make the process of learning smooth and enriching. Age Group: 7 yrs. – 9 yrs.

AVISHKAAR - is an exploratory process with the objective to create an independent persona. The programme will equip youngsters, depending on their strengths & abilities, to be independent & productive members of the society.

Age Group: 10 yrs. – 14 yrs.

SAKSHAM - is a pre vocational curriculum to equip teenagers for pursuing vocations aiming for independent living to the extent possible.

Age group – 14 yrs. - 16 yrs.

OPEN SCHOOLING PROGRAMME

WEBSITE : www.nios.ac.in

We at GAET facilitate, guide and offer remedial education for OBE and NIOS programmes since 2006. NIOS is an autonomous organization set up by the Ministry of Education [MOE], Government of India.

It provides educational opportunities to all. It offers a wide range of subjects to choose from, in comparison to any other boards of formal education. It provides learners freedom to study at their own pace and write exams as per their level of preparedness. Besides this, there is a provision of accumulation and the Transfer of Credit from other recognized Boards.

NIOS offers school education through Open & Distance Learning [ODL] mode at OBE, Secondary [equivalent to Std. X] & Sr. Secondary [equivalent to Std. XII] levels.

ELIGIBILITY CRITERIA

<u>LEVEL</u>	<u>QUALIFICATION</u>
Level A	Std. II
Level B	Std. IV
Level C	Std. VI
Open Schooling Programme -X	Std. VIII
Open Schooling Programme -XI Board	Std. X from any recognized

Level A	Level B	Level C
<ul style="list-style-type: none">● English● Math● EVS● Basic computer Skills● Basic Kitchen Skills	<ul style="list-style-type: none">● English● Math● EVS● Basic computer Skills● Basic Kitchen Skills	<ul style="list-style-type: none">● English● Math● Science● Basic computer Skills● Cooking & Baking

Secondary	Senior Secondary
<ul style="list-style-type: none"> ● English ● Data Entry Operations ● Home Science ● Business Studies ● Economics 	<ul style="list-style-type: none"> ● English ● Data Entry Operations ● Home Science ● Mass Communication ● Early Childhood Care & Education ● Physical Education & Yoga

ASSESSMENT PATTERN

<u>OBE PROGRAMME</u>	<u>SECONDARY & SR. SECONDARY</u>
Unit Test 1 – 20 marks	Unit Test - 30 marks
Unit Test 2/ Terminal Examination – 20 / 50 marks	Terminal Examination - 50 marks
Preliminary Exam– 80/100 marks	Board Examination - 100 marks
Board Exam – 80/100 marks	

FEES

* All Payments to be done by **Pay Order** favouring ‘**GAET Counselling Centre**’. Or **NEFT** - details- **GAET Counselling Centre**, Kotak Mahindra Bank, Saving Account No. **06460010000066**, IFSC Code: **KKBK0000646**

* **If admission is to be withdrawn, one calendar months’ notice should be given in writing by the parent / guardian to the CEO.**

* **Withdrawal of admission not permitted in last Quarter of academic year [March onwards]**

MEASURES TO ENSURE DISCIPLINE

Our main goal is to ensure -

- The safety of the students
- To eliminate negative feelings
- To create an environment conducive to learning
- To boost self-esteem and confidence
- To save time and energy
- To encourage team spirit and a sense of responsibility

INTERNET / CYBER SAFETY

Internet is an amazing source of information, it is a way to stay connected with friends and family. However, it has a flipside and comes with its share of problems. Internet safety is about children being smart about how to handle themselves online and protecting themselves from falling prey to any online scam.

STRATEGIES AT STUDENT LEVEL

STUDENTS SHOULD BE ENCOURAGED TO:

- Take responsibility for managing their digital reputation.
- Trust each other respectfully online and offline.
- Understand the importance of protecting their password.
- Think about where they are travelling to and whether it is a safe place to spend their online time.
- Be aware that people can pretend to be anybody they want online, so it is best to have only offline friends.
- Share their experience of cyber bullying with adults.

STRATEGIES AT THE PARENT / FAMILY LEVEL

- Place computers in a central location at home.
- Be active in their child's life and should know who their friends are, both online and offline.
- Look out for signs of bullying such as
 - ❖ Loss of interest in school.
 - ❖ Not wanting to spend time with friends.
 - ❖ Anxiety around technology uses.
 - ❖ Being depressed.
 - ❖ Difficulty in sleeping.
 - ❖ Lower school performance.
- Keep evidence of cyber bullying.
- Set up an alert on Google.
- Educate their child not to leave her / his mobile phone lying around where others can use it, without permission.

BUS FACILITY

The school provides bus service to the students of the Counselling Centre



Trackify app is available for parents of students availing school bus service to know about the child's journey, estimated time of arrival, etc.

Features:

1. Simplified RFID (Radio Frequency Identification) based attendance system with live feedback using Trackify Attendant App.
2. Real-time location services by using GPS & Cell Tower.

INSTRUCTIONS:

- The bus facility is extended to students only when there is an availability of seat and is offered at the CEO's discretion. This offer can be withdrawn any time
- Students will board and alight only at fixed bus stops. Parents and children are requested not to ask the driver or attendant to stop the buses at unauthorized bus stops.
- Parents are not permitted to change the bus stops, without prior permission. In case there is a change in the bus stop, the parents must inform the centre in writing.

BUS FACILITY

- In the event of the child not being at the stop at the scheduled time the bus will proceed without the child. It will be the responsibility of the parent/guardian to drop the child to centre.

In the event of there being no one to receive the child at the stop of the return journey the child will be brought to the centre and the parents will have to collect their child from the authorities on presentation of their Identity Card.

- If the parent doesn't want their ward to avail the bus facility for some reason on a particular day, the centre must be informed about it in writing.
- If in case for any reason, the parent drops the child to the centre, Parent must inform the Bus Department Supervisor & the CEO so that the child can avail of drop facility if required.
- In case of any grievance, parents must inform the authorities in writing for appropriate action. Parents must not enter or board the school bus for any reason.

BUS FACILITY

IDENTITY CARD:

- In case there is a change in the residential address the school office must be notified immediately and a fresh ID card must be obtained.
- If the Bus RFID Card is lost, a mail or written application requesting a duplicate RFID Card must be submitted immediately at the office. Charges will be applicable.
- RFID card is issued only once till the bus services are availed during the school tenure.
- RFID card is to be returned to office at the time of withdrawal of bus services and or completion of schooling with GAET whichever is earlier.

WITHDRAWAL

- Parents must note that no refund will be made against bus fees Paid.
- One month advance notice in writing must be given by the parents to the school office, in case they wish to discontinue the bus facility. (Applicable only if a student is leaving school or changing residence.)
- ❖ For withdrawal after I Term the duly filled in withdrawal form must be submitted by the 10th of October to the school office.
- ❖ For withdrawal after II Term the duly filled in withdrawal form must be submitted by the 10th of April to the school office.

Note:

- Bus enrollment fees are applicable at the time of enrolling for bus service and it is non-refundable.
- One month's fee is payable as Admission Fee (Non-refundable) at the time of admission.
- Bus enrollment form should be filled and submitted along with each installment of the Bus fees.
- No bus child will be permitted to go home without submitting the permission letter.

BUS FEES

Bus fees will be accepted by Cheque payment Or NEFT

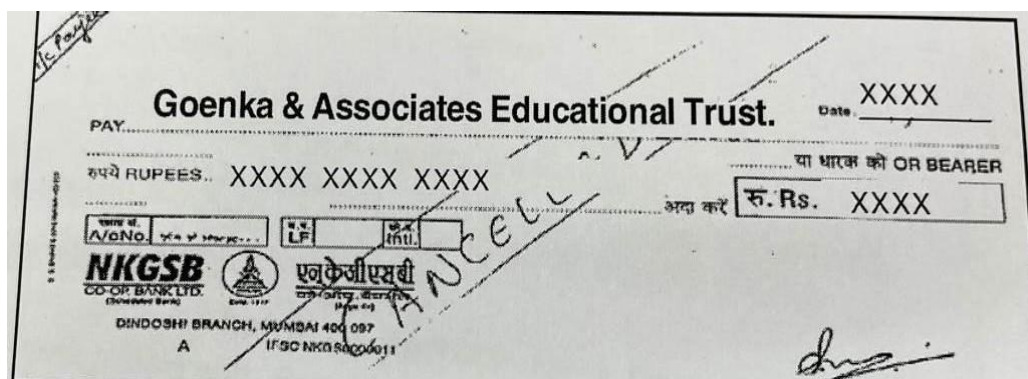
Procedure for cheque payment:

- Cheque to be drawn in favour of -
Goenka & Associates Educational Trust.
- Bus Fees will be charged for all the twelve months of the year.
- Fees will be collected in two installments.

Installment No.	Payable
I	In March through Post Dated Cheque Dt. 15th May
II	In October / November through Post Dated Cheque Dt. 15th November

- Enter the correct amount payable in words and figures.
- Ensure that the cheque is appropriately signed.
- Write the child's name, level/project, I.D. No., contact no. on the reverse of the cheque.

● General Instructions:



- The bank will levy a charge of ` 100/- for a bounced cheque. Thereafter, fees, along with fine, must be paid through NEFT.
- Students will not be allowed to avail the bus facility if the fee is not received as per the payment schedule mentioned above.

NEFT Details: Goenka And Associates Educational Trust, Kotak Mahindra Bank, Saving Account No. 06460010000141, IFSC Code: KKBK0000646

CONDUCT OF CHILDREN IN THE SCHOOL BUS

(Rules to be followed for a safe ride)

1. Children should not carry any electronic communication device/gadget in the school bus.
2. Students should be seated before the bus can move and fasten the seat belt. They should not stand until the bus comes to a complete halt.
3. It is mandatory for the children to wear the I-Card issued by the school.
4. They should be able to carry their belongings on and off the bus by themselves.
5. Reasonable silence must be maintained on the bus journey to ensure that the driver is not disturbed.
6. No bullying or dangerous behaviour will be tolerated. The offender will not be allowed to use the bus after one warning.
7. No part of the student's body or any object belonging to students should protrude from the bus window or door.
8. Children should not litter the bus. Cleanliness has to be maintained.
9. Any willful damage to the bus or equipment in the bus like fire extinguisher, CCTV Camera, etc. should be reported to the headmistress and the offender will be dealt with severely.
10. Children must obey and must be courteous to the bus-in-charge. Children found misbehaving in the bus will not be allowed to continue availing the bus facility.

UNIFORM

MASTI KI PAATHSALA / ANVAY/ REMONTAR

T-shirt:

Colour: Purple and Navy blue;

Pattern: Peter Pan Collar T-shirt with side cut

Shorts:

Colour: Khakhi

Pattern: Fix belt, Black elastic, Side-cut

Socks:

Cotton white with purple/navy blue tipping

Shoes:

Bata – White Coloured All Season Shoes

Note:

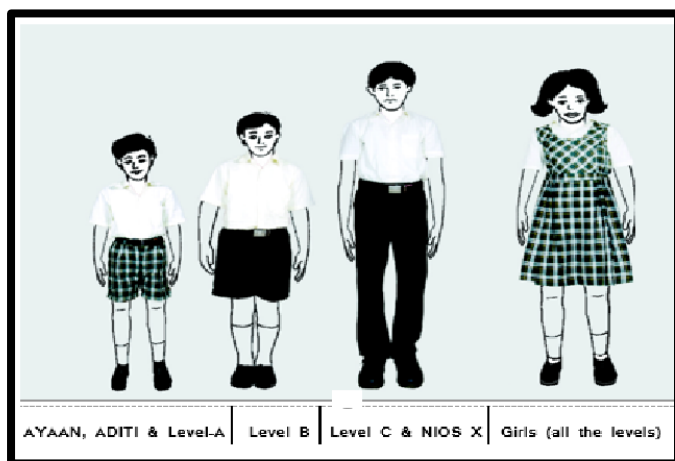
- ❖ Student are expected to come in full uniform on all days of the week.
- ❖ Student Identity card must be worn on all days.
- ❖ Uniform and shoes other than the pattern recommended by the Centre will not be permitted.
- ❖ Students should not come in slippers, floaters or sports shoes.
- ❖ Girls must wear black elastic hair band. Those with long hair must tie two ponies or plaits.

Wearing of the following is not permissible:

- Jewellery
- Cosmetics of any kind
- Fancy hair band and clips
- Nail paint
- Fancy hair cut for boys and girls.

UNIFORM

WEARING OF CLEAN AND WELL IRONED UNIFORM ALONG WITH IDENTITY CARD IS COMPULSORY FOR STUDENTS.



AYAAN, ADITI, AAROH, AVISHKAAR, SAKSHAM, LEVEL A, B, C & OPEN SCHOOLING PROGRAMME

FOR GIRLS:

- Blouse** : Cream yellow short sleeved 100% Cotton Blouse with shirt collar.
- Pinafore** : Green Scottish Checks (Poly/Viscose) with U neck, box pleats in front and behind and both sides elastic on waist & pocket on the right side. The hem of the skirt must be 2 inches above the knee cap. Black leggings compulsory.
- Socks** : Plain White (calf length)
- Shoes** : Black with buckles. (All season)
- Hair** : If the girls' hair reach shoulders they must make 2 plaits. Only black ribbons, hairpins or hair bands are allowed. No fancy hairpins, clips or hairbands will be allowed.



Dress	Fabric	Code Design No.	Company	Colour
Pinafore	Poly / Viscose	8306	Zee Fab	Green Scottish check
Blouse	Terrycot 67% Polyester + 33% Cotton	13030	Mafatlal Or Simplex	Cream Yellow

FOR BOYS :

Shirt : Cream yellow short sleeved 100% cotton shirt.

Shorts:

AYAAN, ADITI, Level A : Green checks half pants (Poly Viscose) with half back elastic.

Level B : Plain Bottle Green half pant (Poly / Viscose) with half back elastic. **Trousers**

SAKSHAM, Level C, and Secondary to X: Plain Bottle Green full pants (Poly / Viscose).

Belt : Black (with plain buckle)

Socks : Plain White (calf length)

Shoes : Black shoes with laces. (All season)

Hair : Hair must not be longer than ear lobes at the sides and must be shorter than top edge of the shirt collar at the back and should not fall on the forehead.

* Students of AAROH, AVISHKAAR & REMONTAR will follow uniform as per the instructions

* Students of Open Schooling Senior Secondary (XII) will follow uniform as per GHS Jr. College.

Dress	Fabric	Code Design No.	Company	Colour
Shorts I to IV	Poly / Viscose	8306	Zee Fab	Green Scottish check
Shorts V to VII	Poly / Viscose	Trousers Power 83	Siyaram	Bottle Green
Trousers	Poly / Viscose	Trousers Power Shade 83	Siyaram	Bottle Green
Shirt	Terricot 67% Ployster + 33% Cotton	13030	Mafatlal Or Simplex	Cream Yellow

Wearing any of the following in not permissible:

1. Cosmetics of any type
2. Nail Paint
3. Coloured eye-contact lenses
4. Hair Colour
5. Jewellery
6. Expensive wrist watch

PHYSICAL EDUCATION (P. E.) UNIFORM

**AYAAN, ADITI, AVISHKAAR, SAKSHAM & Level A, B, C &
Open Schooling Programme**

P.E uniform should be worn on the day when P.E is mentioned in the time-table.

For Girls & Boys

T-Shirt : Grey Melange (88% cotton + 22% polyester) with raglan sleeves (100 % cotton) and round rib collar (cotton + spandex) of the House colour.

School logo at chest level on the left side.

Track pants : Black Sinker (52% cotton + 48% polyester) with house colour piping along the length and draw- strings.

Shoes : Navy Blue canvas with laces.

Socks : White nylon (Regular)

Sweater : Plain Army Green V-necked pullover or plain Black V-necked pullover.

Note: Girls will wear black ribbons or black hair bands with the P.E uniform.

General Instructions:

Wearing of clean and well ironed uniform is compulsory for students. Any student without proper uniform or whose appearance is untidy, continuously, is liable to be sent home.

Uniform and shoes other than the pattern recommended will not be permitted.

STUDENTS SHOULD NOT WEAR SLIPPERS ON REGULAR DAYS.

LIST OF HOLIDAYS FOR THE YEAR 2023-2024

DATE	MONTH	YEAR	DAY	OCCASION / FESTIVAL
* 29th	June	2023	Thursday	BAKRI EID *
16th	August	2023	Wednesday	PARSI NEW YEAR
30th	August	2023	Wednesday	RAKSHA BANDHAN
7th	September	2023	Thursday	GOKULASHTAMI
19th	September	2023	Tuesday	GANESH CHATURTHI
* 28th	September	2023	Thursday	EID-E-MILAD
2nd	October	2023	Monday	GANDHI JAYANTI
24th	October	2023	Tuesday	DUSSEHRA
14th	November	2023	Tuesday	BALI PRATIPADA
27th	November	2023	Monday	GURU NANAK JAYANTI
25th	December	2023	Monday	CHRISTMAS
1st	January	2024	Monday	NEW YEAR
15th	January	2024	Monday	MAKAR SANKRANTI
19th	February	2024	Monday	SHIVAJI JAYANTI
8th	March	2024	Friday	MAHASHIVRATRI
25th	March	2024	Monday	HOLI
HOLIDAYS FALLING ON SATURDAY / SUNDAY				
2nd	JULY	2023	Sunday	FOUNDER'S DAY
* 29th	JULY	2023	Saturday	MOHARRAM
12th	November	2023	Sunday	DIWALI (LAKSHMI POOJA)
14th	April	2024	Sunday	Dr. AMBEDKAR JAYANTI
21st	April	2024	Sunday	MAHAVIR JAYANTI
NON-INSTRUCTIONAL DAYS (ATTENDANCE COMPULSORY)				
15th	AUGUST	2023	Tuesday	INDEPENDENCE DAY
05th	SEPTEMBER	2023	Tuesday	TEACHER'S DAY
26th	JANUARY	2024	Friday	REPUBLIC DAY
1st	MAY	2024	Wednesday	MAHARASHTRA DAY
<u>HOLIDAY FOR BAKRI EID, RAMZAN EID, MOHARRAM AND EID-E-MILAD WILL BE CONFIRMED LATER</u>				

ACADEMIC YEAR (2023 - 2024)

TERM SCHEDULE

FIRST TERM Commences on	8 th June	2023	Thursday
Concludes on	9 th November	2023	Thursday
SECOND TERM Commences on	28 th November	2023	Tuesday
Concludes on	30 ^h April	2024	Tuesday
FIRST TERM [2024-25] Commences on	10 th June	2024	Monday

VACATIONS (2023 - 2024)

GANAPATI FESTIVAL BREAK Begins on	20 st September	2023	Wednesday
School re-opens on	25 th September	2023	Monday
DIWALI VACATION Begins on	10 th November	2023	Friday
School re-opens on	28 th November	2023	Tuesday
CHRISTMAS BREAK Begins on	26 th December	2023	Tuesday
School re-opens on	2 nd January	2024	Tuesday
SUMMER VACATION Begins on	2 nd May	2024	Thursday
School re-opens on	10 th June	2024	Monday

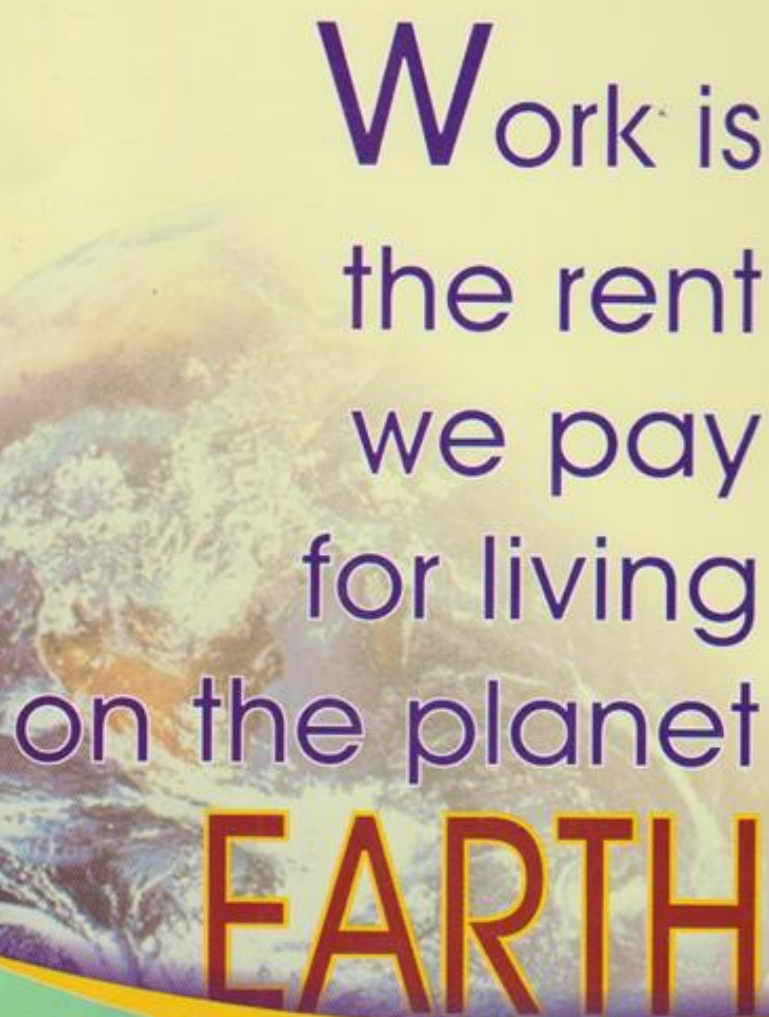
ATTENDANCE ON RE-OPENING DAYS AND LAST WORKING DAYS IS COMPULSORY

**PARENT INTERACTS
&
OPEN HOUSE SCHEDULE**

**PRIOR INTIMATION OF
DATE, DAY & TIMINGS
WILL BE GIVEN**

SAFETY MEASURES

1. Students should compulsorily wear the identity-card issued to them by the Centre along with their uniform.
2. Parents should inform the authority in writing regarding the particulars of the person they delegate to collect their children from Centre, if they are not doing so themselves.
3. Children should be given the following instructions periodically & Children should be alert at all times.
 - * Children should not talk to strangers, accept anything in cash or kind from strangers.
 - * Children should never agree to go home with strangers.
 - * Children should not agree to go home even with relative without prior confirmation with their parents.
 - * Children should not talk loudly on streets or in front of strangers about any situation of their home or about the time when their parents are not at home.
 - * Children should always move around in groups, especially to and fro from the Centre.
4. It is imperative for parents to collect their children from the point at which they are left by the Centre bus otherwise the children will be brought back to the Centre.
5. Parents should explain the concept of safe touch and unsafe touch to their children.
6. Parents can form car pool groups for leaving and bringing children to and fro the Centre.
7. Parents should supervise/stay with the children when they go down to play.
8. Sending children to shops/shopping centre, alone should be avoided.
12. Parents should ensure to update the contact numbers and address of residence and office as well.
13. Parents are advised not to send their children to the Centre if they are unwell.



Work is
the rent
we pay
for living
on the planet
EARTH